

| RACE | DAY    | TIME  | CATEGORY | CLASS        |        | DISTANCE | HEAT    |
|------|--------|-------|----------|--------------|--------|----------|---------|
| 1    | Sat AM | 08:45 | Men      | U16          |        | K1 1000  | Heat 1  |
| 2    | Sat AM | 08:55 | Men      | U16          |        | K1 1000  | Heat 2  |
| 3    | Sat AM | 09:05 | Men      | U18          |        | K1 1000  | Heat 1  |
| 4    | Sat AM | 09:15 | Men      | U18          |        | K1 1000  | Heat 2  |
| 5    | Sat AM | 09:25 | Men      | Senior       |        | K1 1000  | Heat 1  |
| 6    | Sat AM | 09:35 | Men      | Senior       |        | K1 1000  | Heat 2  |
| 7    | Sat AM | 09:45 | Boys     | U14          |        | K1 500   | Heat 1  |
| 8    | Sat AM | 09:50 | Boys     | U14          |        | K1 500   | Heat 2  |
| 9    | Sat AM | 09:55 | Girls    | U14          |        | K1 500   | Heat 1  |
| 10   | Sat AM | 10:00 | Girls    | U14          |        | K1 500   | Heat 2  |
| 11   | Sat AM | 10:05 | Men      | U16          |        | K1 200   | Heat 1  |
| 12   | Sat AM | 10:10 | Men      | U16          |        | K1 200   | Heat 2  |
| 13   | Sat AM | 10:15 | Men      | U16          |        | K1 200   | Heat 3  |
| 14   | Sat AM | 10:20 | Men      | U18          |        | K1 200   | Heat 1  |
| 15   | Sat AM | 10:25 | Men      | U18          |        | K1 200   | Heat 2  |
| 16   | Sat AM | 10:30 | Men      | Senior       |        | K1 200   | Heat 1  |
| 17   | Sat AM | 10:35 | Men      | Senior       |        | K1 200   | Heat 2  |
| 18   | Sat AM | 10:40 | Boys     | U14          |        | K1 200   | Heat 1  |
| 19   | Sat AM | 10:45 | Boys     | U14          |        | K1 200   | Heat 2  |
| 20   | Sat AM | 10:50 | Boys     | U14          |        | K1 200   | Heat 3  |
| 21   | Sat AM | 10:55 | Girls    | U14          |        | K1 200   | Heat 1  |
| 22   | Sat AM | 11:00 | Girls    | U14          |        | K1 200   | Heat 2  |
| 23   | Sat PM | 11:30 | Men      | Master 35-39 |        | K1 1000  | Final   |
| 24   | Sat PM | 11:30 | Men      | Master 40-44 |        | K1 1000  | Final   |
| 25   | Sat PM | 11:40 | Men      | Master 45-49 |        | K1 1000  | Final   |
| 26   | Sat PM | 11:50 | Men      | Master 50-54 |        | K1 1000  | Final   |
| 27   | Sat PM | 12:00 | Men      | Master 55-59 |        | K1 1000  | Final   |
| 28   | Sat PM | 12:00 | Men      | Master 60-64 |        | K1 1000  | Final   |
| 29   | Sat PM | 12:10 | Men      | Master 65-69 |        | K1 1000  | Final   |
| 30   | Sat PM | 12:20 | Men      | Master 70-74 |        | K1 1000  | Final   |
| 31   | Sat PM | 12:20 | Men      | Master 75-79 |        | K1 1000  | Final   |
| 32   | Sat PM | 12:30 | Men      | U16          | NORACE | K1 1000  | B Final |
| 33   | Sat PM | 12:30 | Men      | U16          |        | K1 1000  | A Final |
| 34   | Sat PM | 12:40 | Men      | U18          | NORACE | K1 1000  | B Final |
| 35   | Sat PM | 12:40 | Men      | U18          |        | K1 1000  | A Final |
| 36   | Sat PM | 12:50 | Men      | Senior       | NORACE | K1 1000  | B Final |



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|------|--------|-------|----------|---------------|--------|----------|---------|
| 37   | Sat PM | 12:50 | Men      | Senior        |        | K1 1000  | A Final |
| 38   | Sat PM | 13:00 | Women    | Master 40-44  |        | K1 500   | Final   |
| 39   | Sat PM | 13:00 | Women    | Master 45-49  |        | K1 500   | Final   |
| 40   | Sat PM | 13:00 | Women    | Master 50-54  |        | K1 500   | Final   |
| 41   | Sat PM | 13:05 | Women    | Master 55-59  |        | K1 500   | Final   |
| 42   | Sat PM | 13:05 | Women    | Master 65-69  |        | K1 500   | Final   |
| 43   | Sat PM | 13:05 | Men      | Master - Para |        | K1 500   | Final   |
| 44   | Sat PM | 13:10 | Women    | Senior        |        | K1 500   | Final   |
| 45   | Sat PM | 13:15 | Women    | U18           |        | K1 500   | Final   |
| 46   | Sat PM | 13:15 | Girls    | U12           |        | K1 500   | Final   |
| 47   | Sat PM | 13:20 | Women    | U16           |        | K1 500   | Final   |
| 48   | Sat PM | 13:25 | Girls    | U14           | NORACE | K1 500   | B Final |
| 49   | Sat PM | 13:25 | Girls    | U14           |        | K1 500   | A Final |
| 50   | Sat PM | 13:30 | Boys     | U12           |        | K1 500   | Final   |
| 51   | Sat PM | 13:35 | Boys     | U14           | NORACE | K1 500   | B Final |
| 52   | Sat PM | 13:35 | Boys     | U14           |        | K1 500   | A Final |
| 53   | Sat PM | 13:40 | Men      | U16           | NORACE | K1 200   | C Final |
| 54   | Sat PM | 13:40 | Men      | U16           |        | K1 200   | B Final |
| 55   | Sat PM | 13:45 | Men      | U16           |        | K1 200   | A Final |
| 56   | Sat PM | 13:50 | Men      | U18           | NORACE | K1 200   | B Final |
| 57   | Sat PM | 13:50 | Men      | U18           |        | K1 200   | A Final |
| 58   | Sat PM | 14:10 | Men      | Senior        | NORACE | K1 200   | B Final |
| 59   | Sat PM | 14:10 | Men      | Senior        |        | K1 200   | A Final |
| 60   | Sat PM | 14:15 | Women    | Senior        |        | K1 200   | Final   |
| 61   | Sat PM | 14:20 | Women    | U18           |        | K1 200   | Final   |
| 62   | Sat PM | 14:20 | Girls    | U12           |        | K1 200   | Final   |
| 63   | Sat PM | 14:25 | Women    | U16           |        | K1 200   | Final   |
| 64   | Sat PM | 14:30 | Men      | Master 35-39  |        | K1 200   | Final   |
| 65   | Sat PM | 14:30 | Men      | Master 40-44  |        | K1 200   | Final   |
| 66   | Sat PM | 14:35 | Men      | Master 45-49  |        | K1 200   | Final   |
| 67   | Sat PM | 14:40 | Men      | Master 50-54  |        | K1 200   | Final   |
| 68   | Sat PM | 14:45 | Men      | Master 55-59  |        | K1 200   | Final   |
| 69   | Sat PM | 14:50 | Men      | Master 60-64  |        | K1 200   | Final   |
| 70   | Sat PM | 14:55 | Men      | Master 65-69  |        | K1 200   | Final   |
| 71   | Sat PM | 14:55 | Men      | Master 70-74  |        | K1 200   | Final   |
| 72   | Sat PM | 15:00 | Men      | Master 75-79  |        | K1 200   | Final   |



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|------|--------|-------|----------------------|---------------|--------|----------|---------|
| 73   | Sat PM | 15:00 | Women                | Master 40-44  |        | K1 200   | Final   |
| 74   | Sat PM | 15:00 | Women                | Master 45-49  |        | K1 200   | Final   |
| 75   | Sat PM | 15:05 | Women                | Master 50-54  |        | K1 200   | Final   |
| 76   | Sat PM | 15:05 | Women                | Master 55-59  |        | K1 200   | Final   |
| 77   | Sat PM | 15:05 | Women                | Master 65-69  |        | K1 200   | Final   |
| 78   | Sat PM | 15:05 | Men                  | Master - Para |        | K1 200   | Final   |
| 79   | Sat PM | 15:10 | Boys                 | U14           | NORACE | K1 200   | C Final |
| 80   | Sat PM | 15:10 | Boys                 | U14           |        | K1 200   | B Final |
| 81   | Sat PM | 15:15 | Boys                 | U14           |        | K1 200   | A Final |
| 82   | Sat PM | 15:20 | Girls                | U14           | NORACE | K1 200   | B Final |
| 83   | Sat PM | 15:20 | Girls                | U14           |        | K1 200   | A Final |
| 84   | Sat PM | 15:25 | Boys                 | U12           |        | K1 200   | Final   |
| 85   | Sat PM | 15:45 | Mix Stafet Ergometer | Senior        |        | K1 Team  | Final   |